

BYSTANDER INTERVENTION

HOW TO SAY SOMETHING WHEN YOU SEE SOMETHING INAPPROPRIATE

SHOW

SHAKE YOUR HEAD

An easy way to say
“that’s not okay.”

DON’T LAUGH

Because laughing says
it’s okay, and it’s not.

SPEAK OUT

RESPOND TO IT

“That’s not funny.”

CHANGE THE TOPIC

“Ok, let’s move on.”

CALL IT OUT

“That’s not appropriate.”

SUPPORT

ASK IF THEY’RE OK

“I don’t think that was
okay. Are you alright?”

ACKNOWLEDGE IT

“I’m sorry they said that.”

JOIN FORCES

Support others who’ve
had the courage to
call out inappropriate
behaviour.

**IT’S CALLED BYSTANDER INTERVENTION
BECAUSE DOING NOTHING DOES HARM.**

For more information contact Safe to Talk (National Sexual Harm Helpline)
0800 044 334 / TXT 4334 or call HELP on 0800 623 1700

A SAFE AND INCLUSIVE CULTURE FOR THE THEATRE COMMUNITY

Equity NZ would like to thank ScreenSafe, SWAG, SoundCheck Aotearoa and Our Watch Australia for sharing this resource.